Cycle-VII Announced

World’s latest advances in Gestational Diabetes Mellitus Prevention, Screening Management & Treatment

Once a month weekend online mode

BE A LEADER IN YOUR CLINICAL PRACTICE!

Click here for Registration

Last Date of Enrolment

31st March 2021
Diabetes and Pregnancy

Worldwide, one in 10 pregnancies is associated with diabetes. The issue of women and diabetes is an important focus area. Focusing on gestational diabetes is a low-cost intervention both to improve maternal and child health as well as to prevent future diabetes. Providing screening and care to mothers at risk of gestational diabetes is likely to have a multigenerational impact on the beneficiaries as well as on health care systems and budgets. Left untreated, gestational diabetes can lead to devastating outcomes for the baby and the mother. It is estimated that 15% of the total number of caesarean sections may be due to gestational diabetes.

International Diabetes Federation (IDF) estimates that 20.9 million or 16.2% of live births to women in 2017 had some form of hyperglycaemia in pregnancy. An estimated 86.4% of those cases were due to diabetes in pregnancy and would require careful monitoring during the pregnancy and follow-up post-partum. In India alone an estimated 4 million women have Gestational Diabetes Mellitus (GDM). It accounts for 90% of all cases of diabetes in pregnancy, and if unrecognised and untreated, threatens the lives of both mother and baby. Women with GDM are more likely to give birth to macromomic or large-for-gestational-age infants. It may result in obstructed labour, the death of the mother and the baby and birth injury for the infants. It also has long-term health impact, with more than 50% of women with GDM going on to develop type 2 diabetes within 5-10 years of delivery. Moreover, infants of women with GDM have a higher prevalence of overweight and obesity, and higher risk of developing type 2 diabetes later in life. Pregnancies complicated by GDM also have a fourfold increased risk of perinatal mortality. Almost 3 million babies are stillborn every year, and GDM is a major contributor to this unacceptable loss of life.

Source: IDF Diabetes Atlas Eighth Edition

CCGDM Initiative: Building Capacity of Primary Care Physicians, Obstetricians and Gynaecologists

CCGDM is a flagship joint certificate program designed and delivered by Public Health Foundation of India (PHFI), New Delhi and Dr. Mohan’s Diabetes Education Academy (DMDEA), Chennai. The program was conceptualized with the objectives to develop core skills and need based competencies in Primary Care Physicians (PCPs), Obstetricians and Gynaecologists (OBGYS) for the practice of GDM management and to establish their networks with existing specialized diabetes care centers for improving patient outcomes.

CCGDM was conceptualized and launched in 2013 as a four modular course. Since then it has spread across 24 states, 3 Union Territory (UT) and 396 cities and trained more than 3300 physicians all across India. In its last five cycles the program has created a strong network of 131 Regional Faculty, 15 National Experts and 25 Observers. A well-structured & effective monitoring mechanism has always ensured the standardized quality delivery of this program at all India level.

In pursuit of excellence in endocrine care and education, South Asian Federation of Endocrine Societies (SAFES) has given accreditation from the year 2014 to 2019 for CCGDM for excellence in providing diabetes education to healthcare professionals.

Under the state government initiatives, 250 Medical officers (MOs) have been nominated by 5 state governments to get trained in GDM by PHFI training initiative. The five states nominated MOs under the National Health Mission (NHM) viz. Gujarat 38, Madhya Pradesh 47, Meghalaya 14, Tripura 50 and Uttarakhand 100 Medical officer respectively.

Since its conception, the program has received many national and international recognition, accreditation, awards and accolades.
Course Design and Duration

Total duration of the course is four months (April 2021 - July 2021) with one month online session, which will be conducted on one designated weekend (Saturday/Sunday) all across the country.

The last date of enrolment for 7th Cycle is 31st March 2021.

Eligibility Criteria

The Minimum Eligibility for admission in course would be:
- MS/MD/DNB in OBS/GYN or DGO or MD/DNB Medicine or Family Medicine
- Medical graduate (MBBS) with minimum 3 years of clinical experience

Course Curriculum

This comprehensive Certificate Course in Gestational Diabetes Mellitus (CCGDM) would cover the broad content areas of epidemiology, etiopathogenesis, clinical presentation of gestational diabetes, screening recommendations, laboratory diagnosis, special examination, investigations, self-monitoring of blood glucose (SMBG), nutritional aspects, exercise and insulin management during pregnancy. A special focus would be to help doctors in setting up gestational diabetes care program in their own practise to prevent gestational diabetes complications. The four modules proposed are:

Course Modules CCGDM Cycle VI

Module-1
Introduction to Diabetes in Pregnancy

Module-2
Screening and Diagnosis of GDM

Module-3
Management of Diabetes in Pregnancy - Part I

Module-4
Management of Diabetes in Pregnancy - Part II

Teaching and Training Methodology

This course utilizes a variety of teaching/learning techniques. The training in Gestational Diabetes Mellitus will be complemented by providing the participants with various distinguish case studies and assignments. The course will be offered on a modular basis with judicious mix of case studies, group discussion and direct teaching by eminent experts in the field of diabetes, obstetrics and gynaecology with great flexibility to accommodate participants’ requirements. Complete and comprehensive learning package including printed modules along with pendrive will be provided to all participants by the organizing institutions.

Evaluation System & Certification Criteria

Participant evaluation will be through a continuous internal evaluation, course work and performance in the written examination. The criteria for successful completion of the program shall be as follows:

- participation in all 4 monthly online sessions.
- Completion of assigned course work (Two descriptive assignments based on completed modules given at end of 2nd and 3rd module).
- Appearance and clearance of final written examination in the form of MCQs in an hour, along with Module 4 (Min. 50% score required to clear the examination).

The candidate completing the course successfully shall be awarded certification, to be jointly issued by PHFI, DMDEA and respective Regional Faculty.

Awards & Accreditations to CCGDM

South Asian Federation for Endocrine Societies (SAFES): SAFES represents the Endocrine Societies of 5 countries of South Asian Region namely India, Sri Lanka, Bangladesh, Nepal and Pakistan. It aims to empower doctors both specialists and general practitioners, practising endocrinology & diabetes in these countries by fostering academics and research. SAFES has accredited CCGDM from 2014 – 2019.


Excellence Awards and Honours: CCGDM received the FICCI Healthcare Excellence Award in Skill Development Category and PHD Chamber Award for Excellence in Skill Development in the year 2015.
How to Apply
For enrolment in the certificate program (registration and fee payment), kindly log into www.ccgdm.org

Course Fee: INR 10,000/-

Course Fee can be paid in the form of NEFT - Details
Public Health Foundation of India | Account Branch: HDFC Bank Limited
Address: H-7, Green Park Extension, New Delhi | Account No: 50100254381662
Account Type: Savings | RTGS / NEFT IFSC: HDFC0000586 | PAN No.: AABAP4445L
After payment, kindly mail the payment reference number, date of payment, bank and branch name to ccgdm@phfi.org

Regional Training Centres Across India*

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* Decision taken by PHFI for selection and enrolment of participants will be final. ** The organizers reserve the right to change the program locations and centers.